

RECESS!

waco parks and recreation

WATERMELON PAPER MACHE BOWL

YOU'LL NEED:

- Glass bowl
- Newspaper
- Water and flour
- Aluminum foil and scissors
- Acrylic paint and paintbrushes



INSTRUCTIONS:

1. Using scissors, cut your newspaper into 1-inch strips.
2. Make your paper mache paste by mixing together one part flour and two parts water in a large bowl. Stir well until a smooth, thin consistency develops (similar to pancake batter)
3. Use a glass bowl of any size for your mold. Cover the outside of the bowl completely with aluminum foil. To add texture in your bowl's shape, allow the foil to crumple a bit. If you prefer your bowl smooth, make sure that the foil lies flat against the glass.
4. Lightly spray the outside of the foil-covered bowl with cooking spray. This will make the paper mache easier to remove once dry.
5. Dip the strips of newspaper into the paste. Wipe the strip, so it's not dripping wet, and apply it to the outside of the bowl. Repeat this process, laying the strips in different directions, until the whole bowl is covered. If the edges of the strips extend past the bowl, just fold them back in, or cut them off later. Allow to fully dry.
6. Once fully dry, carefully peel the paper mache bowl from the glass.
7. Paint your paper mache bowl to resemble a watermelon!

