Breastfeeding Help
Breastmilk is one of the most important gifts you can give your baby - and WIC is here to support you.
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Local WIC Breastfeeding Resources

- **Waco-McLennan County WIC Breastfeeding Helplines**
  (254) 750-5474

- **WIC Lactation Consultant**
  Teri Blair, RDN, IBCLC, RLC
  (254) 750-8605

- **Breastfeeding Coordinator**
  Corina Evans
  (254) 750-8604

- **After Hours Breastfeeding Support Hotline**
  (254) 749-8608

Texas Lactation Support Hotline
1-855-550-6667

**Texas Lactation Support Centers**

- **Mom’s Place – Austin**
  512-972-6700
  Momsplace.org

- **Lactation Care Center – Dallas**
  214-670-7222
  Lactationcarecenterdallas.com

- **Lactation Foundation – Houston**
  713-500-2800, option 1
  Lactationfoundation.org

- **Lactation Care Center – McAllen**
  956-292-7711
  Co.hidalgo.tx.us/LCCRGV

- **Lactation Care Center – San Antonio**
  210-207-7138
  Sanantonio.gov/Health/HealthServices/SanAntonioLactationSupportCenter

**Community Resources**

- **Baylor Scott and White Hillcrest Hospital Lactation Consultants:**
  (254) 202-2706

- **Providence Health Center:**
  (254) 751-4000 ext. 3524

- **Scott and White Temple:**
  (254) 724-4867

- **Family Health Center Support Group:**
  (254) 313-4286

- **Local La Leche League Support:**
  (254) 848-9612

**Helpful Websites**

- **General Info**
  - Breastmilkcounts.com
  - TexasWIC.org
  - Kellymom.com

- **Breastmilk Donations**
  - Texasmilkbank.org (Dallas)
  - Milkbank.org (Austin)

- **Medication Questions**
  - Infantrisk.com

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