



Waco-McLennan County Public Health District Reports 6 cases of COVID-19

(March 18, 2020) The Waco-McLennan County Public Health District has received 6 confirmed cases COVID-19. They are all travel-related. None of the cases are hospitalized.

- The first case is a 64-year old male who returned from Israel on 3/12/2020. The case traveled with a confirmed case from Bell County. The Public Health District was notified at 4pm yesterday.
- The second case is a 68-year old man from Ecuador visiting family in McLennan County. The Public Health District was notified at 7pm last night.
- The third and fourth cases are a married couple with a travel history to New York. The man is 56-years old and the woman is 52-years old. The Public Health District was notified at 9pm last night.
- The Fifth case is a 59-year old male with a travel history to Wyoming. The Public Health District was notified at 8am today.
- The Sixth case was confirmed today at 11:45am. The case is a 27-year old male with an unconfirmed travel history.

The Waco-McLennan County Public Health District is working with the individuals to identify and notify any close contacts. This includes working with Local Public Health in other jurisdictions if necessary for notification.

Anyone experiencing fever, cough and difficulty breathing should call or visit their healthcare provider's website first for screening. Ascension, Baylor Scott and White and the Family Health Center have on-line screen forms for COVID-19. If you do not have a provider or insurance, you can contact the Family Health Center for assistance. Testing must be ordered by a physician. Testing is not done at the Public Health District.

Social Distancing is essential. The less time you spend with large groups of people the less likely you are to become infected. This is how we flatten the curve and help slow community spread.

As listed in the Emergency Declaration, the following are closed to the public

- Dine-in restaurants
 - They may sell food for drive-through, takeout or delivery only
- Bars, lounges or taverns and private clubs are closed
- Gyms and fitness studios are closed
- Indoor amusements and theaters are closed
- No community gatherings of more than 50 people while practicing social distancing.

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City of Beverly Hills
City of Bruceville-Eddy
City of Crawford
City of Gholson
City of Golinda
City of Hallsburg
City of Hewitt
City of Lacy-Lakeview
City of Leroy
City of Lorena
City of Mart
City of McGregor
City of Moody
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City of Waco
City of West
City of Woodway
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How do I know if I was exposed?

You generally need to be in close contact with a sick person to get infected. Close contact includes:

- Living in the same household as a sick person with COVID-19,
- Caring for a sick person with COVID-19
- Being within 6 feet of a sick person with COVID-19 for more than 10 minutes, OR
- Being in direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on, kissing, sharing utensils, etc.).

What should I do if I am a close contact to someone with COVID-19 but I am not sick?

You should monitor your health for fever, cough and shortness of breath during the 14 days after the last day you were in close contact with the sick person with COVID-19. To the extent possible, stay home, avoid large groups, and crowded public places. You should also postpone additional travel. People who intend to travel should be advised that they might not be able to return if they develop symptoms during travel.

What should I do if I am a close contact to someone with COVID-19 and get sick?

If you get sick with fever, cough or shortness of breath (even if your symptoms are very mild), you should stay at home and away from other people. If you have any of the following conditions that may increase your risk for a serious infection —age 65 years or over, are pregnant, or have medical conditions—contact your physician’s office and tell them that you were exposed to someone with COVID-19. They may want to monitor your health more closely or test you for COVID-19.

If you do not have a high-risk condition but want medical advice, you can call your healthcare provider and tell them that you were exposed to someone with COVID-19. Your healthcare provider can help you decide if you need to be evaluated in person. There are currently no medications to treat COVID-19.

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