



**FOR IMMEDIATE RELEASE:**

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## HANDS ONLY CPR

**WACO, TEXAS (February 19, 2020)** - The Waco Fire Department will be hosting the Hands Only CPR hands on training event on **February 22, February 29, March 7** and **March 14** from 9 a.m. to 8 p.m. at your local fire station.

The Waco Fire Department is teaming with The American Heart Association to educate the community in Hands Only CPR. Hands Only CPR is a way for a bystander to step in and save a life of an adult or teen who has collapsed due to cardiac arrest. Recent studies and statistics show that immediate chest compressions for a victim even without respirations can save lives.

Most cardiac arrests happen at the home. Survival for patients depends on immediate CPR from bystanders. However, most people do not have proper or professional CPR training. Most of the patients are usually family members or someone you know. The Hands Only CPR can definitely help save the lives of your friends and loved ones.

Below is the list of the Waco Fire Department Fire Station locations you can choose from to attend the event:

Fire Station #1	100 Peach Street, 76704
Fire Station #2	2625 Park Lake Dr., 76708
Fire Station #3	111 9th St., 76705 (TSTC)
Fire Station #4	1002 Speight, 76706
Fire Station #5	4515 Bagby, 76711
Fire Station #6	2800 Bosque Blvd., 76707
Fire Station #7	1325 N. 5th, 76707
Fire Station #8	4720 Cobbs Dr., 76710
Fire Station #9	315 New Road, 76710
Fire Station #10	7915 Karl May Dr., 76708 (Waco Regional Airport)
Fire Station #11	7600 Imperial, 76712
Fire Station #12	3300 Flat Rock Rd., 76708
Fire Station #14	5401 Speegleville Rd., 76712

The Waco Fire Department is dedicated to serving the citizens of Waco in as many ways possible to help save lives. We hope you will come out to your closest Waco fire station and participate in this important lifesaving event. \*Note: Please be aware that crews will be in service for emergency calls and may be away from the station during the day.

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Find out more at [Waco-Texas.com](http://Waco-Texas.com)

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