

**SEE MORE NOVEMBER EVENTS** ANY DATES LISTED IN THIS NEWSLETTER MAY BE CHANGED OR CANCELLED DUE TO COVID-19 CONCERNS  
For a list of events, please visit [www.waco-texas.com](http://www.waco-texas.com) and click on the Calendar icon.

## City of Waco Holiday Information Thanksgiving

Thursday and Friday, November 26 & 27, 2020:  
Thanksgiving Holiday, the City offices will be closed.

The Solid Waste Offices and Cobbs Recycling Center will be closed both days. The Landfill will be closed on Thursday, and will be closed to the public on Friday but will accept franchise haulers until 4:30 p.m.

Thursday's trash will be collected **EARLY** on Wednesday November 25; Friday's trash will be collected on Friday.

### Wednesday, November 25:

- The LaSalle Circle Shuttle will run service until 6 p.m.

### Thursday, November 26:

-Waco Transit System will be closed in observance of Thanksgiving. Medicaid service will not be available on this day. Instead, Waco Transit System will provide Medicaid service on Sunday, November 22.

The Waco-McLennan County Library System will close all four libraries at 6 p.m. on Wednesday and remain closed on Thursday and Friday. The libraries will reopen on Saturday during their regularly scheduled hours.

Cameron Park Zoo, Texas Ranger Hall of Fame & Museum and Waco Mammoth National Monument will be closed Thanksgiving Day and will re-open Friday, November 27.

## VETERANS DAY

Wednesday, November 11, 2020: City offices will be closed.

The Solid Waste Offices and Cobbs Recycling Center will be closed. The Landfill will be closed to the public but will accept franchise haulers until 4:30 p.m.

Waco Transit System will run as normal.

The Waco-McLennan County Library System will be closed on Wednesday. The libraries will reopen on Thursday.

Cameron Park Zoo, Texas Ranger Hall of Fame & Museum, and Waco Mammoth National Monument will be open.

The McLennan County Veterans Association has officially cancelled the Veterans Day Parade due to COVID-19 concerns.



## NEIGHBORHOOD MEETINGS

### Monday, November 2

Kendrick General Meeting, 6 p.m. at Kendrick Elementary School Cafeteria (1801 Kendrick Lane)

### Monday, November 9

Sanger Heights General Meeting, 7 p.m. @ the Dewey Center (925 N 9th St.)

### Tuesday, November 10

Downtown Neighborhood General Meeting, 6:30 p.m. @ The Central Library (1717 Austin Ave.)

### Thursday, November 12

North East Riverside General Meeting, 6:30 p.m. @ East Waco Library (901 Elm Ave.)

### Monday, November 23

Brooks Oaks General Meeting, 6 p.m. @ The Dewey Community Center (925 N. 9th St.)

### Tuesday, November 24

Carver General Meeting, 6 p.m. @ Carver Academy Library (See front entrance sign for location) This is immediately preceded by a Board meeting at 5:30 p.m.

*Neighborhood Associations may make last minute changes to dates or times. Check their websites or social media outlets for the latest information.*

## VIRTUAL CAMERON PARK ZOO STAMPEDE

Get Ready to Fluff Your Feathers & Strut with your Flock at Cameron Park Zoo's Virtual Zoo Stampede brought to you by H-E-B and Reliant.



Things are looking a little different in 2020, but we are excited to keep moving forward as H-E-B's Zoo Stampede goes virtual! Starting Saturday, November 14th and running through the 30th there will be virtual events to earn your custom race shirt. New this year is a custom finisher medal! The best part, we are adding a half marathon distance as well as three cycling distances.

Registration will be from September 1 - November 2. You will have between November 14 - 30 to complete your event or events. You can even do a little at a time if you decide to choose a more difficult race or multiple races! Packet pickup at Cameron Park Zoo is December 3 - 7. Show your race bib and enter the Zoo for free anytime between November 14th - December 7th.

Thank you for your continued support as we all navigate through this unprecedented time of uncertainty. Register [www.cameronparkzoo.com/specialevents/stampede/](http://www.cameronparkzoo.com/specialevents/stampede/)



November 2020

# CITY LIMITS newsletter

honoring all who served  
**VETERANS DAY**

## NOVEMBER 3, 2020 JOINT GENERAL ELECTION

Polling places will be open from 7 a.m. to 7 p.m., Tuesday, November 3, 2020, for voting in the Joint General and Special Elections:

- To elect Presidential Electors, Members of Congress, Members of the Legislature, State, District and County officers in McLennan County;
- To elect one person for each position to serve the full term of two years for Mayor and two City Council positions (SMD [Single Member District] I, SMD III) for the City of Waco;
- For voting in a Special Election to elect one person to serve the unexpired term of office for the City Council position (SMD IV) for the City of Waco;
- To elect one person for each position to serve the full term of two years for two positions (Place 3 and

Place 4) on the Board of Trustees for the Connally Independent School District;

- To elect one person for each position to serve the full term of three years for two positions (Place I and Place II) on the Board of Trustees for the Midway Independent School District;
- To elect one person for each position to serve the full term of three years for two positions (SMD 3, Place 3 and At-Large, Place 7) on the Board of Trustees for the Waco Independent School District;
- For voting in a Special Election to elect one person for each position to serve the unexpired term for one At-Large position (Place 6) on the Board of Trustees for the Waco Independent School District.

For a complete list of election races and polling locations visit the City of Waco Election page or [www.co.mclennan.tx.us](http://www.co.mclennan.tx.us).

Para información en español llamar 254-750-5750.

Waco Transit will be offering free rides on all fixed routes on Election Day (November 3) for those who present their valid voter registration card or "I Voted" sticker.



DON'T FORGET TO SET YOUR CLOCKS. DAYLIGHT SAVINGS TIME SUNDAY, NOVEMBER 1ST

## FOODS TOXIC TO DOGS & CATS

Thanksgiving is almost here and that means delicious food. However, many popular human dishes aren't healthy for pets to consume. It's important to remember which foods are bad for pets. Below are six Thanksgiving foods bad for cats and dogs.

### 1. STUFFING

Thanksgiving dressing is often made with onions, scallions or garlic. These ingredients, however, are extremely toxic to pets and can cause a life-threatening anemia.

### 2. HAM

Ham and other pork products can cause pancreatitis, upset stomach, vomiting and diarrhea.

### 3. TURKEY BONES

Bones can cause severe indigestion, potentially causing vomiting and obstructing the bowel. Bones may also splinter and cause damage to the inside of the stomach and intestines. In some cases, turkey bones may even puncture through the stomach and cause a potentially fatal abdominal infection.

### 4. MASHED POTATOES

While potatoes are safe for pets to eat, mashed potatoes usually contain butter

and milk, which can cause diarrhea in lactose intolerant pets. Additionally, some recipes call for onion powder or garlic, which are very toxic to pets.

### 5. SALADS WITH GRAPES/RAISINS

There are many salads served at Thanksgiving that include grapes or raisins as an ingredient, from fruit salad, to waldorf salad, to ambrosia. However, grapes and raisins are very virulent and potentially deadly. Grapes can cause severe, irreversible and sometimes fatal kidney failure in dogs.

### 6. CHOCOLATE DESSERTS

While pumpkin pie is the most famous Thanksgiving dessert, many people offer a variety of chocolate desserts at Thanksgiving. Chocolate is toxic to pets. The darker the chocolate, the more toxic it is.

If your pets ingest any of these foods this Thanksgiving, be sure to call your veterinarian immediately. The most important part of holiday pet safety is early action, which may prevent more costly and serious complications from developing.

## LOSTPETSWACO.COM

Have you lost a pet? Use LostPetsWaco.com an online tool that helps reunite missing pets with their owners. A map and photo of pets picked up by animal care officers helps owners find their pets fast, so the officers can deliver them home without a stop at the shelter. Learn more at [LostPetsWaco.com](http://LostPetsWaco.com).



## CITY OF WACO IMPORTANT NUMBERS

Airport: (254) 750-8656  
Animal Care (Control): (254) 750-1765  
Waco Transit: (254) 750-1620  
Waco Convention Center: (254) 750-5810  
Cottonwood Golf Course: (254) 745-6009  
Waco Health District: (254) 750-5450  
Cameron Park Zoo: (254) 750-8400  
Waco Police (non-emergency): (254) 750-7500  
Municipal Court: (254) 750-5900  
Public Works: (254) 750-5440

## VETERANS DAY

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THANK YOU FOR YOUR SERVICE

The Texas Ranger Hall of Fame and Museum would like to honor all veterans and military personnel this Veterans Day, November 11. Active duty personnel, retirees and veterans will receive FREE admission to the Museum while their family will receive discounted admissions (with valid military id or documentation).

Texas Ranger Hall of Fame and Museum: [www.TexasRanger.org](http://www.TexasRanger.org)  
254-750-8631

## PROPER DISPOSAL OF OIL AND GREASE

Are you frying a turkey for the holidays? Small quantities of cooking oil can be mixed with kitty litter, doubled bagged, and placed in your trash cart. Please do not pour cooking oil or grease down the drain. It can clog pipes and the City's sewer system. You can also properly dispose of cooking oil or grease at five stations located around the city, including the Cobbs Center. To learn more you can go to [Waco-texas.com](http://Waco-texas.com) or call 299-CITY (2489) between 7:30 a.m. and 5:30 p.m. Monday through Friday.



## DIABETES AWARENESS

November is National Diabetes Awareness Month - did you know that 1 in 10 individuals in America have diabetes? That is more than 34 million Americans! Diabetes Mellitus, commonly known as diabetes, is a chronic health condition that affects how your body turns food into energy. Most food you eat is broken down into sugar (also called glucose) and released into your bloodstream. When your blood sugar goes up, it signals your pancreas to release insulin, which acts as a key to let the blood sugar into your body's cells to use as energy. Diabetes causes a person's body to either: stop making insulin, stop being able to use its own insulin, or both. Diabetes is categorized into three types: Type 1 (cell does not produce insulin or produces very little insulin), Type 2 (cell does not respond to insulin), and Gestational diabetes (develops when your body cannot make enough insulin during pregnancy).

Type 2 diabetes is the most common form of diabetes; approximately 90-95% of all diabetic individuals have Type 2. When the cell does not respond to insulin that the body is producing, it causes too much sugar to stay within the bloodstream. High blood sugar is damaging to the body and overtime can cause serious health problems such as heart disease, vision loss, kidney disease, and lower extremity amputations. Some of the risk factors for developing Type 2 include: having prediabetes, being overweight, physical inactivity, age, family history, and ethnicity. Ready for the good news? Type 2 can be delayed or prevented with healthy lifestyle choices such as losing weight, eating healthy foods, and being physically active!

## TIPS FOR FALLEN LEAVES

Here are some tips for fallen leaves:

- Put the leaves in your green yard waste cart for separate collection. The yard waste cart is collected every other week during "green weeks" on your trash day.
  - Leaves can also be put in paper bags (not plastic) for curbside collection during green weeks.
  - Please do not put out more than 20 paper bags at the curb at a time.
  - Plastic bags on the ground will not be collected.
  - Paper yard waste bags are available for purchase at retail stores.
- Mowing: a light covering of leaves can be mowed, simply leaving the shredded leaves in place.
- Mulching: a mower with a bag attachment provides a fast and easy way to shred and collect the leaves for composting and soil improvement.
- Compost your yard waste, include grass clippings and leaves.
- Soil Improvement: leaves may be collected and tilled directly into garden and flower bed soils.

For those currently living with Type 2, you can live well with diabetes by following the same lifestyle choices mentioned above.

About 1 in 5 individuals with diabetes do not even know they have diabetes! The symptoms are easy to miss so it is important to know what to look out for.

Symptoms can include: frequent urination, increased thirst, unexplained weight loss, increased hunger, blurry vision, numbness or tingling hands or feet at night, feeling very tired, very dry skin, sores that heal slower or have more infections than usual. Take control of your health, starting today! Begin by talking with your doctor, taking medicine as prescribed, and seeking out diabetes self-management education.

McLennan County offers various services and resources to its residents to help prevent and control diabetes: HOT Area Agency on Aging, Providence, Baylor Scott & White, YCMA of Central Texas and Texas A&M AgriLife Extension provide diabetes self-management and/or prediabetes programs. Visit the Waco-McLennan Co. Public Health District website and click on "Diabetes Services" tab for more information. To learn more about diabetes and prevention strategies please visit <https://www.cdc.gov/diabetes.html>.



HAPPY  
thanksgiving