

SEE MORE FEBRUARY EVENTS

For a list of events, please visit www.waco-texas.com and click on the Calendar icon.

JOIN OUR TEAM

The City of Waco offers a competitive salary based on qualifications and experience. Our comprehensive benefit package includes a retirement program with Texas Municipal Retirement System (TMRS) that guarantees a monthly annuity for your life, longevity pay, sick leave, and paid vacation and holiday time.

To view our current job openings and to apply visit: www.waco-texas.com/employment

The City of Waco is an Equal Opportunity Employer.

NEIGHBORHOOD MEETINGS

Tuesday, February 11

Downtown Neighborhood General Meeting, 6:30 p.m. @ The Central Library (1717 Austin Ave.)

Thursday, February 13

North East Riverside General Meeting, 6:30 p.m. @ East Waco Library (901 Elm Ave.)

Monday, February 24

Brook Oaks General Meeting, 6 p.m. @ Dewey Community Center (925 N. 9th St.)

Tuesday, February 25

Carver General Meeting, 5:30 p.m. @ Carver Academy Library (1601 JJ Flewellen Rd.)

Neighborhood Associations may make last minute changes to dates or times. Check their websites or social media outlets for the latest information.

HELPFUL HINTS FROM WACO SOLID WASTE SERVICES:

Waco Resident Brush Pile Guidelines

- Brush pile must be manageable, approximately 4'x4' x 5'. Branches should be cut to no longer than 5 feet long.
- Set out brush no later than 7 a.m. on your trash day during "green weeks".
- Do not place brush piles on top of water meters, in front of parked cars, near fences or mailboxes, beneath overhead wires or low-hanging tree limbs.
- Please call Solid Waste Customer Service at (254) 299-2612 to request collection of large brush piles or to arrange for collection of materials generated by commercial sources, from tenant evictions, or vacant lots. Fees may apply to collect these materials.
- Brush can also be hauled by residents to the Cobbs Citizen Convenience Center with a Waco residential water bill and proof of residency.

LOSTPETSWACO.COM

Have you lost a pet? Use LostPetsWaco.com an online tool that helps reunite missing pets with their owners. A map and photo of pets picked up by animal care officers helps owners find their pets fast, so the officers can deliver them home without a stop at the shelter. Learn more at LostPetsWaco.com.



CITY OF WACO IMPORTANT NUMBERS

Airport Business Office: (254) 750-8656
Animal Care (Control): (254) 750-1765
Waco Transit: (254) 750-1620
Waco Convention Center: (254) 750-5810
Cottonwood Golf Course: (254) 745-6009
Waco Health District: (254) 750-5450
Cameron Park Zoo: (254) 750-8400
Waco Police (non-emergency): (254) 750-7500
Municipal Court: (254) 750-5900
Public Works: (254) 750-5440



February 2020

CITY LIMITS newsletter



CELEBRATE
EVERY BEAT,
LIVE A HEART
HEALTHY LIFE

Heart Healthy Tips for National Heart Health Month

February is National Heart Health Month. Experts with our Health District's "Live Well Waco" program have provided the following Heart Healthy information:

Heart disease is the leading cause of death for men and women in the US. The good news is heart disease can be prevented by making more positive health choices!

Small changes like going on a walk or eating a fruit or vegetable with each meal can lower your risk.

Following a healthy diet, maintaining a healthy weight, regular physical activity, quit smoking and managing stress can lower your risk and your children's risk for heart disease and could prevent current heart disease from worsening. To prevent heart disease, your family's diet should be:

Low in saturated and trans fats.

Saturated fats are found in some meats, dairy products, baked goods and deep-fried and processed foods. Trans fats are found in some fried and unprocessed foods. Both raise your LDL, or "bad" cholesterol level.

High in omega-3 fatty acids. Foods high in omega-3s include fish and olive oil.

High in fiber, whole grains, fruits and vegetables. A diet rich in these elements helps lower LDL cholesterol and provides nutrients that protect against heart disease.

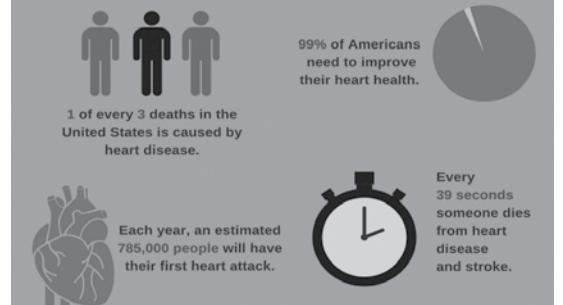
Low in salt/sugar. A low-salt diet can help manage blood pressure, while a low-sugar diet can help prevent weight gain and control diabetes and pre-diabetes.

LOVE YOUR HEART

- Get active
- Eat well
- Control cholesterol
- Manage blood pressure
- Reduce blood sugar
- Lose weight
- Quit smoking



AMERICAN HEART MONTH



AMERICAN HEART MONTH





FREE TAX SERVICE

The AARP Tax-Aide Program will be preparing tax returns for free for citizens of the Waco area. There will be two sites in Waco: Neighbor Works Waco on Franklin Ave. and Providence Hospital. A site will also be open at First Baptist Church of Hewitt on First Street.

Citizens of Freestone County can have their tax returns prepared for free at the First United Methodist Church on North Mount Street in Fairfield. Tax preparation season starts on February 1st and ends on April 16th. Call 211 for exact days and times these sites will be open.

The Ron E. Smith Academy of Business & Finance at University High School will begin its 15th year of serving the Waco Community on January the 24th and continue through April 16th.

FREE TAX PREPARATION is offered on Tuesdays and Thursdays from 5 p.m. to 8 p.m. at University High School, (3201 S. New Rd.) For more details or for dates and locations of mobile tax sites, visit: www.uhstaxes.com.

WHAT TO BRING WITH YOU:

- Official Photo ID and Social Security card for everyone being claimed
- If possible, your 2018 tax return
- 2019 W-2 form (earned wages)
- 2019 1099 forms
- 2019 real estate paid
- 1098 forms if claiming education benefits; receipts for books/materials
- 2019 letter for daycare expenses
- 2019 forms 1095-A, B or C

HEALTHY WOMEN & CHILDREN COALITION

February is National Teen Dating Violence Awareness Month! Did you know that 1.5 million high school students in the United States have experienced physical abuse from their dating partner? Teen dating violence can be physical, emotional, or sexual and can occur to any teen, regardless of gender, race, or sexuality. Additionally, teen dating violence can happen in person, electronically through text messages, or online through social media. Teens that are victims of dating violence may exhibit symptoms of depression and anxiety. They may also abuse tobacco, drugs, and alcohol. If a teen experiences dating violence in high school, they're at a higher risk of falling victim to dating violence in college and later in life.

Teen dating violence can be prevented by talking to your family and friends about respect and healthy relationships. Encourage these conversations in your community, families, and schools to ensure all teens are in healthy and safe relationships free of any violence.

If you would like to learn more about teen dating violence, please visit <https://www.cdc.gov/features/datingviolence/index.html>.

NOTICE OF DEADLINE TO FILE APPLICATIONS FOR PLACE ON THE MAY 2, 2020 BALLOT (AVISO DE FECHA LÍMITE PARA PRESENTAR SOLICITUDES PARA UN LUGAR EN LA 2, MAYO, 2020 BOLETA)

Notice is hereby given that an application for a place on the City of Waco, Texas Regular General Election ballot may be filed during the following time:

(Se da aviso por la presente que las solicitudes para un lugar en la boleta de el Elección General Regular de la ciudad de Waco, Texas se pueden presentar durante el siguiente horario)

Filing Dates and Times (Fechas y Horario para Entregar Solicitudes):

Start Date: Wednesday, January 15, 2020
Fecha Inicio: miércoles, 15 de enero, 2020

End Date: Friday, February 14, 2020
Fecha Límite: viernes, 14 de febrero, 2020

Office Hours: Monday through Friday 8 a.m. - 5 p.m.
Horario de la Oficina: Lunes a Viernes 8 a.m. - 5 p.m.

Physical address for filing applications in person for place on the ballot: (Dirección física para presentar las solicitudes en persona para un lugar en la boleta)

City Secretary's Office
First Floor - City Hall
300 Austin Avenue
Waco, Texas 76701

Address to mail applications for place on the ballot (if filing by mail) (Dirección a donde enviar las solicitudes para un lugar en la boleta (en caso de presentar por correo))

Esmeralda Hudson
City Secretary's Office
P.O. Box 2570
Waco, Texas 76702-2570

What we will send you in the mail:



March 12-20

An invitation to respond online to the 2020 Census. (Some households will also receive paper questionnaires.)



March 16-24

A reminder letter.



March 26-April 3

A reminder postcard.



April 8-16

A reminder letter and paper questionnaire.



April 20-27

A final reminder postcard before we follow up in person.

ATTENTION RESIDENTS IN WACO CITY COUNCIL DISTRICT IV! THIS MESSAGE IS FOR YOU!

Keep Waco Beautiful (KWB) in partnership with Waco Solid Waste Services and many volunteers will conduct a curbside clean-up in Waco City Council District IV ONLY on Saturday, February 29. All other city council districts will be on a different date. Information for the District IV clean-up event.

If you do not know in which City Council District you reside, please go here to find out: <https://wacogis.maps.arcgis.com/>. Enter your street address and your city council district and trash pick-up day will be revealed.

Curbside services in Waco City Council District IV on February 29: Waco Solid Waste Services will collect bulky waste, brush and extra trash from resident's curbside in District IV ONLY on February 29th (Saturday) beginning at 7 a.m. This event is for residential customers only. The remaining city council districts will receive this service at a later date.

Residents desiring curbside collection on February 29 should call Keep Waco Beautiful at (254) 339-1077 or email kwacob@gmail.com to notify them that you will have items for collection. If you need assistance and are unable to get items to the curb, Keep Waco Beautiful may be able to provide assistance.

- Para información en español: (254) 299-2612

Keep Waco Beautiful (KWB) will respond to inquiries at (254) 339-1077 or kwacob@gmail.com.

2020 CENSUS

How the 2020 Census will invite everyone to respond.

- Nearly every household will receive an invitation to participate in the 2020 Census either in the mail or from a census taker. Every household will have the option of responding online, by phone, or by mail.
- Depending on how likely your area is to respond online, you'll receive either an invitation encouraging you to respond online or an invitation along with a paper questionnaire.

Usted puede responder al Censo del 2020 en español.

- Todos los hogares tendrán la opción de responder en español por internet o por teléfono. A partir de mediados de marzo, los hogares recibirán una invitación para participar en el censo. La invitación incluirá instrucciones en español sobre cómo responder en español por internet o por teléfono usando una línea directa gratuita en español.
- A mediados de abril, todos los hogares que todavía no hayan respondido recibirán un cuestionario impreso. (Algunos hogares recibirán un cuestionario impreso junto con la primera invitación en marzo). Los hogares en áreas selectas que necesiten asistencia en español recibirán un cuestionario bilingüe en inglés/español.