

SEE MORE OCTOBER EVENTS

For a list of events, please visit www.waco-texas.com and click on the Calendar icon.

HEALTHY WACO WOMEN & CHILDREN COALITION

October is National Breast Cancer Awareness Month! Did you know that breast cancer is the most common cancer among women? Men can also develop breast cancer, although it isn't as common. Risk factors include older age, family history of breast cancer, previous exposure to radiation therapy, and being physically inactive and overweight. You can lower your risk by keeping a healthy weight, exercising regularly, limiting your alcohol consumption, and breast feeding your children if possible. If you have family history of breast cancer, talk to your doctor about additional ways you can lower your risk. To check for any signs of breast cancer, it is important to receive a breast cancer screening test, such as a clinical breast exam annually. As a part of this yearly screening, women between the ages of 40 and 44 also have the option of receiving a mammogram. Women should start receiving mammograms annually between the ages of 45 and 54. For more information about what to expect from well woman exams, visit: <https://healthywacowomen.org/what-to-expect/>.



NEIGHBORHOOD MEETINGS

Monday, October 7

University General Meeting, 6:30 p.m. @ The South Waco Community Center (2815 Speight Ave.)

Tuesday, October 8

Downtown Neighborhood General Meeting, 6:30 p.m. @ The Central Library (1717 Austin Ave.)

Thursday, October 10

North East Riverside General Meeting, 6:30 p.m. @ East Waco Library (901 Elm Ave.)

Thursday, October 17

Landon Branch General Meeting, Dinner - 6 p.m.; meeting - 6:30 p.m. @ Uncle Dan's BBQ (1001 Lake Air Dr. @ Valley Mills Dr.)

Tuesday, October 22

Carver General Meeting, 6 p.m. @ Carver Academy Library (See front entrance sign for location) This is immediately preceded by a Board meeting at 5:30 p.m.

Monday, October 28

Brooks Oaks General Meeting, 6 p.m. @ The Dewey Community Center (925 N. 9th St.)

Neighborhood Associations may make last minute changes to dates or times. Check their websites or social media outlets for the latest information.

BREW AT THE ZOO

Join the fun at Cameron Park Zoo's 8th Annual Brew at the Zoo Saturday, October 19 from 6 p.m. - 11 p.m. Your ticket includes a tasting mug and samples of up to 20 different beers from around the world.

Members: \$35 - Non-members: \$45 - Designated drivers: \$25

This is a fundraiser for the Cameron Park Zoo and is open to adults only. The event will happen rain or shine. Tickets are non-refundable.

For more information visit: www.cameronparkzoo.com/specialevents/brew-at-the-zoo/



DRUG TAKE BACK DAY

DEA's next Prescription Drug Take Back Day is Saturday, October 26, 2019.

The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of medicines and drugs. A drop-off site for unwanted drugs and medical patches will be at the Waco Police Tower, 3115 Pine Avenue in Waco.

No liquids or needles, please. You can go to www.waco-texas.com or call Waco Solid Waste Services Customer Service at (254) 299-2612 to learn more. Visit www.DEA.gov to find other convenient locations near you!



October 2019

CITY LIMITS newsletter



*Crisp Air,
Pretty Leaves,
and Cool Nights
Fall Vibes Only!*

WACO CITY CABLE CHANNEL -WCCC-TV

The Waco City Cable Channel's production staff has been hard at work creating new programs and short segments that will begin airing the week of October 13th.

Some of the new programs will include: Memoirs of Helen Marie Taylor, Building Officials - Front Line Defenders of Building Safety, 2019 Sports Hall of Fame Inductee Speeches, Accessing Vital Statistics and Texas Ranger Talks. In our Around Waco series, we will feature Bare Arms Brewing, Stanton Glass Studios, Vietnam War Models and Valley Mills Vineyard. Also 2019 Brazos Nights concerts and much more.

WCCC-TV has added new traffic cameras along I-35, Hwy 6, Valley Mills Drive and downtown Waco.

Viewers can see new short videos on downtown merchants in "On the Avenue" as well as new local food establishments as they "Serve It Up Waco". More short segments about Waco's past in "Waco, A Moment in Time" as well as more "Post Cards from Waco" and early photographs from "Gildersleve, Waco's Photographer".

Ten informational monthly talk shows produced in the WCCC-TV City Hall studios will return for the tenth year including: the Greater Waco Chamber, the Cen-

Tex Hispanic Chamber, the Cen-Tex African American Chamber, the Texas Sports Hall of Fame, "Health Wise" from the Waco McLennan County Public Health District, "For Your Safety" from the Waco Police, Fire and Emergency Management staff, "Home Is Where Our Heart Is" from the City's Housing Department, "Community in Focus" from the Community Visioning Project, "Medicare and You", "College Talk" from MCC and "The Giving Connection" from the Waco Foundation. The weekly City Beat News Report will continue to air local news stories, Food Inspection Scores, Press Releases, and features of the City's website. Viewers will continue to be able to watch the timely discussion of conversations with City staff and community partners on the weekly radio show, "City Talk".

WCCC-TV continues to bring local programming of interest to educate and inform the public about its government. As viewing habits change from watching traditional scheduled programming, citizens can now watch any the local produced programs on demand. The City's web-channel, mobile app at WCCC.TV, available at the Apple Store. Viewers can also stream channels on Roku, YouTube, and Apple TV. For help on connecting or viewing our programming email WCCC10@wacotx.gov or call 750-5636.

NATIONAL PET WELLNESS MONTH

October may be filled with fall festivities and Halloween costumes, but the month also celebrates pets. We all want our animal companions to live long, healthy lives, and that's why October is National Pet Wellness Month.

During the month of October, set aside some time to evaluate your pet's health and make sure that you are helping them stay in great shape and keep them healthy all year round.

Here are a few tips to help: Make sure your home is safe for your pet.

Schedule a veterinary check-up. A physical examination can catch any issues early and treat them before

they become emergencies. Make sure your pet is up to date on all shots and medications. And a dental cleaning can also be a great idea.

Think about your pet's diet and exercise routine. Dog and cat obesity can lead to extensive health problems as your pet ages. Spend some quality time with your pet – walking, playing or enjoying the outdoors. It will do you both a world of good!

Our animal companions rely on us to keep them safe and healthy, so it's important to do everything we can to promote pet health. This October, and all year round, make sure you are doing the best for your pet!



Citizens and neighbors of Waco! Join the Waco Police Department and your neighbors on Tuesday, Oct. 1 for the Annual National Night Out celebration.

National Night Out is designed to allow neighbors to join together and present a unified force in the fight against crime in their community.

On Oct. 1st from 6 p.m. – 8:30 p.m., we encourage citizens to join their neighbors by attending block parties, group parties, or Neighborhood Association parties to show our commitment to preventing crime in our neighborhoods. To find registered parties in your area, visit <http://www.waco-texas.com/police/police-national-night-out.asp>.

REMEMBER TO TURN YOUR OUTSIDE LIGHTS ON TO LIGHT THE NIGHT AGAINST CRIME!

FREE EVENTS

Waco Cultural Arts Fest – Oct. 4-6

The Waco Cultural Arts Fest is a family friendly event held from October 4 - 6 at Indian Spring Park in downtown Waco. The free event includes art exhibitions, dance and spoken word performances and children activities. For more information and a detailed schedule, please visit www.wacoartsfest.org.

Fall Fossil Festival – Oct. 19

The Waco Mammoth National Monument will host the annual Fall Fossil Festival from 9 a.m. – 5 p.m. Saturday, October 19. The event features fun for the whole family with activities such as paint-a-pumpkin, fossil identification, games and crafts, live animals and more. Call 254-750-7946 or visit <http://www.nps.gov/waco/index.htm>.

Community Center Halloween Carnivals - FREE

Bledsoe-Miller Community Center
Friday, October 31; 6 p.m. to 7:30 p.m.

Dewey Community Center
Thursday, October 24; 6 p.m. to 7:30 p.m.

South Waco Community Center
Wednesday, October 16; 6 p.m. to 8 p.m.
Location: Hart-Patterson Track and Field

More Than Pink – Oct. 26

Race for the Cure is now More Than Pink Walk. At Brazos Park East on Saturday, October 26. For more information visit <https://komengreatercetx.org/>.

IRONMAN 70.3 – Oct. 27

Waco will play host to the nationally recognized Ironman 70.3 on Sunday, October 27. Staged just outside of Indian Springs Park, it will begin with a 1.2-mile rectangular swim in the Brazos River, a 56-mile single-loop bike course route and a 13.1-mile double-loop run course.

FALL INTO FUN AT THE LIBRARY

Adult Events:

- Oct. 1 at 10:30 a.m. (South Waco Library) Healthy Cooking Class. Join us for a series of programs with lifestyle, eating and cooking tips.
- Oct. 5 at 10:30 a.m. (East Waco Library) Snapshot: Eastern Little League. Join us to learn about the Eastern Little League from one of its founders, Noah Jackson, Jr.
- Oct. 8 at 6:30 p.m. (Slow Rise Slice House, 7608 Woodway Dr.) Books & Brews: *The Girls in the Picture*. Our traveling book club will discuss *The Girls in the Picture* by Melanie Benjamin.
- Oct. 9 at 6 p.m. (Central Library) Anime and Manga Club. Every month, join us to talk about your favorite titles, get suggestions from other otaku fans and help pick the most popular titles for the library!
- Oct. 12 at 2 p.m. (West Waco Library) Crafty Adults: Upcycled Book Flowers. Make an amazing garden of paper flowers.
- Oct. 22 at 10:30 a.m. (Central Library) The Life Learning at the Library. Were setting up a special time for our adult visitors with special needs. We'll have stories, crafts and some life skills lessons.

Genealogy Programs

- Oct. 14 at noon (West Waco Library) Tracking your ancestors along the Trail of Tears. Join us to learn about the routes they took, the documents created by the Act and how to find and use them.
- Oct. 18 at 10 a.m. (West Waco Library) 19th Annual Genealogy Lock-in. Explore the collection and meet face-to-face with local hereditary and historical societies. We'll have eight remote, live-streamed programs and you'll join library visitors around the state for a genealogy experience like no other. Work through your toughest family history obstacles or learn

about genealogy in general. The Lone Star Chapter of the Association of Professional Genealogists (APG) will be hosting an Ancestors Roadshow from 3:30 - 8 p.m. during the event. This is an opportunity for you to enjoy a free 15-minute consultation with a professional genealogist. The sessions are available on a first come, first served basis and registration is required.

Fun for Kids

- Oct. 5 at 2 p.m. (South Waco Library) Disney Days. Join us for inclusive movie magic! We will be watching the classic Disney film *The Princess and the Frog*.
- Oct. 5 at 11 a.m. (Central Library) LEGO Lab. Use your imagination to create something great with LEGOs!
- Oct. 11 at 4 p.m. (West Waco Library) Hamster Maze. Take the maze-building challenge and Peanut will test it out! Kids will use recycled materials to build an amazing hamster habitat with their engineering skills and imaginations.
- Oct. 12 at 2:30 p.m. (West Waco Library) Kids Roblox Club. Do you know Roblox? If you love this online game, join us to work on creativity and problem solving by creating games for others.
- Oct. 13 at 1:30 p.m. (Central Library) Block Party Preschoolers and toddlers are invited to our monthly Block Party at Central Library! Ages 6 & younger.
- Oct. 19 at 2 p.m. (West Waco Library) Yoga for Kids. Yoga can be good for the body and the mind--even for our youngest library visitors!
- Oct. 25 at 4 p.m. (East Waco Library) Cookies and Coloring Kids ages 5 & up can learn about a different artist every month. Enjoy a cookie, color a famous work of art and check out a book while you're here!
- Oct. 25 at 4 p.m. (South Waco Library)

Pokemon Palooza. There are so many ways to Pokemon and we've got them all!

- Oct. 26 at 11 a.m. (West Waco Library) Kid's Minecraft Club. If you've got Minecrafters in your house, bring them to the Library to play and explore.
- Oct. 29 at 4 p.m. (Central Library) Join local author Jo Anne Beaty as she reads from her new picture book *The Goat Woman*.
- Oct. 29 at 6 p.m. (South Waco Library) Halloween Carnival. The Halloween carnival will be full of tricks, treats and books! Games, crafts and more will be ready for kids and fun for the whole family. Be sure to wear your costume and get ready for the costume contest at 7 p.m.

Fun for Teens

- Oct. 8 at 4:30 p.m. (Central Library) Every month, teens get together and work on their art skills. This month, the painting has a perfect end-of-summer theme.
- Oct. 17 at 7 p.m. (West Waco Library) If Anime is your passion, bring it to the Library! We'll talk Japanese culture and talk about your favorite Anime and manga. This month, we'll talk about Shonen Manga.
- Oct. 11 at 5:45 PM (South Waco Library) Things are getting spooky at the Library! Join us when the library is closed for an encore of our Slender Man Maze. We'll have scary movies, snacks and a fun, spooky activity. Remember that you must be at least 13 to attend this after hours event.
- Oct. 26 at 3 p.m. (West Waco Library) Level Up! Continues all year long! Join the RPG club with for beginners and experts. Make new friends and play some games! Register online to save your spot.

For more information on all library activities visit: wacolibrary.org.

CITY OF WACO CAREERS

JOIN OUR TEAM

The City of Waco offers a competitive salary based on qualifications and experience. Our comprehensive benefit package includes a retirement program with Texas Municipal Retirement System (TMRS) that guarantees a monthly annuity for your life, longevity pay, sick leave, and paid vacation and holiday time.

To view our current job openings and to apply visit: www.waco-texas.com/employment

The City of Waco is an Equal Opportunity Employer.

work for
WACO
impact the future



Did you Know?

Spay/neuter surgeries for your pets AND microchips are offered **FREE** to Waco residents. For more information visit spaystreetwaco.com or call (254) 752-SPAY (7729) to find out what you need to help care for your pet.

