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# Heart of Texas Region MHMR

# Table of Contents and Acronyms

- ▶ 1- Background
- ▶ 2- History of Programs and Grants
- ▶ 3- PATH (Projects for the Assistance for Transition from Homelessness)
- ▶ 4- TBRA (Tenant Based Rental Assistance)
- ▶ 5- PSH (Permanent Supportive Housing)
- ▶ 6- RRH (Rapid Rehousing)
- ▶ 7- SHR (Supported Housing Resources)
- ▶ 8- LLP (Landlord Liaison Project)
- ▶ 9- FLASH (Flexible Assistance to Secure Housing)
- ▶ 10- Housing Navigator Program

# Background

- ▶ Started operations in 1968
- ▶ Established as the Local Mental Health Authority for the 6 county region

# Housing and Homelessness with MHMR

- ▶ 2004- PATH established- SAMSHA (Substance Abuse and Mental Health Services Administration) grant to provide outreach and engagement for homeless individuals
- ▶ 2006- First HUD (Housing and Urban Development) grant
- ▶ 2009- Expanded HUD grant
- ▶ 2014- Established TBRA (Tenant Based Rental Assistance) program with City
- ▶ 2016- Established Rapid rehousing grant with HUD
- ▶ 2016- Established Housing Navigator program with HUD
- ▶ 2017- Established Landlord Liaison program
- ▶ 2019- Supportive Housing Resource program
- ▶ 2020- YHDP (Youth Homelessness Demonstration Program) expansion
- ▶ 2020- FLASH program

# PATH

## Projects for the Assistance and Transition from Homelessness

- ▶ 2 Case Managers, Habilitation Specialist and a supervisor provides outreach, engagement and case management services for homeless individuals not connected with resources
- ▶ Serves around 250 individuals annually
- ▶ Primary focus is to connect individuals with mainstream resources and eventually housing
- ▶ \$162,000 from SAMHSA annually

# Permanent Supportive Housing

- ▶ Homeless and disabled individuals
- ▶ 157 total individuals served (currently 45)
- ▶ Meant to be for our most vulnerable homeless individuals. Many stay in the program for years
- ▶ Receive \$288,000 annually (HUD)

# Rapid Rehousing

- ▶ Can be as little as deposit assistance, or rental assistance up to 2 years.
- ▶ Typical duration is 6 months to a year
- ▶ Meant to serve less vulnerable homeless individuals
- ▶ 93 individuals served (18 currently)
- ▶ Receive \$87,000 annually (HUD)

# TBRA

## Tenant Based Rental Assistance

- ▶ Has served 232 individuals in 144 households in the Waco area
- ▶ Average household cost under \$600 per month
- ▶ Sharp reductions in Emergency Department visits
- ▶ Increase in establishment of Primary Care Physicians
- ▶ 24 months of assistance
- ▶ Receive around \$100,000 annually (City of Waco)



# Supported Housing Resource program

- ▶ Eviction prevention focused
- ▶ Can provide up to 12 months of assistance
- ▶ Also focuses on individuals discharging from state mental health facilities
- ▶ Receive \$97,000 annually (Health and Human Services Commission)

# Landlord Liaison Program

- ▶ Provides landlords with incentive to rent to individuals with low income, eviction histories and/or criminal backgrounds
- ▶ Reimburses landlords for negative outcomes to lease
- ▶ 40 individuals served, 10 landlords have requested reimbursement
- ▶ Funded with \$20,000 from Cooper Foundation, \$10,300 of funds have been dispersed

# FLASH Program

## Flexible Assistance to Secure Housing

- ▶ Funded by Homeless Coalition
- ▶ Provides funding for unique barriers to housing not typically covered by other agencies and grants
  - ▶ Birth Certificates & IDs (40 served)
  - ▶ Bus Passes (5 served)
  - ▶ Renter's insurance (1 served)

# Housing Navigator Program

- ▶ 2 Case Managers
- ▶ Seeks to overcome barriers for individuals searching for housing
- ▶ Pays for application fees, utility deposits and move in groceries
- ▶ Served 149 individuals last year
- ▶ Receive \$175,000 annually (HUD)

# Housing Crisis

Coordinated Entry (Access at shelters, via hotline, or via PATH)

## High Vulnerability

Permanent Supported Housing  
(MHMR, Family Abuse Center)

Rapid Rehousing  
(MHMR, Family Abuse Center,  
Salvation Army)

## Moderate Vulnerability

Tenant Based Rental Assistance  
(MHMR)

Supported Housing Resources  
(MHMR)

Emergency Housing Vouchers

HUD Veteran Section 8

## Low Vulnerability

No assistance

Housing Navigators

Housing

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# Questions?

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