



Waco-McLennan County Public Health District
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Serving the cities of Bellmead, Beverly Hills, Bruceville-Eddy, Crawford, Gholson, Golinda, Hallsburg, Hewitt, Lacy Lakeview, Leroy, Lorena, Mart, McGregor, Moody, Riesel, Robinson, Ross, Waco, West, Woodway, and all areas of McLennan County.

MONKEYPOX VACCINE NOW AVAILABLE

WACO, TEXAS (SEPTEMBER 12, 2022) – The Waco-McLennan County Public Health District has a limited supply of the monkeypox vaccine, which will be available by appointment only starting today. To schedule an appointment, visit <https://us1.quickscreen.health/city-of-waco-general-vaccinations#/screening>. If you feel that you are at risk of monkeypox and have questions or need help registering for an appointment, please call (254)750-5485.

McLennan County currently has a total of ten positive cases of monkeypox. For future updated case numbers, visit www.wacomclennanphd.org. Case numbers will be updated on weekdays at 4:00 p.m.

To learn the latest information on monkeypox, please visit the following:

- [Waco-McLennan County Public Health District](#)
- [Texas Department of State Health Services](#)
- [Center for Disease Control](#)

Symptoms

Signs and symptoms of this illness typically include a rash that can look like pimples or blisters on the face, inside the mouth, and on other body parts; fever; headache; muscle aches; backache; swollen lymph nodes; chills; or exhaustion.

Sometimes people may only experience the rash, which goes through different stages before healing completely. The illness typically lasts 2-4 weeks.

How it Spreads

Monkeypox spreads in different ways, but it can spread from person to person through:

- Direct contact with the infectious rash, scabs, or body fluids
- Respiratory secretions during prolonged, face-to-face contact, or during close physical contact
- Touching items (such as clothing or linens) that previously touched the infectious rash or body fluids
- Pregnant people can spread the virus to their fetus through the placenta

(more)

Prevention recommendation from the CDC

Take the following steps to prevent getting monkeypox:

- Avoid close, skin-to-skin contact with people who have a rash that looks like monkeypox
 - Do not touch the rash or scabs of a person with monkeypox
 - Do not have close physical contact with someone with monkeypox
 - Do not share eating utensils or cups with a person with monkeypox
- Do not handle or touch the bedding, towels, or clothing of a person with monkeypox
- Wash your hands often with soap and water or use an alcohol-based hand sanitizer

If you are sick with monkeypox, contact your health provider to determine testing and isolate at home. If you have an active rash or other symptoms, stay in a separate room or area away from people or pets you live with, when possible.

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