



**Waco-McLennan County Public Health District**  
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## **TWO ADDITIONAL NEW CASES OF MONKEYPOX**

**WACO, TEXAS (AUGUST 10, 2022)** – The Waco-McLennan County Public Health District has been notified of two more positive cases of monkeypox in McLennan County. Preliminary test results performed by a commercial lab indicate that both cases are positive. The Health District is conducting contact investigations. Both cases are unrelated adult male McLennan County residents.

McLennan County currently has a total of four positive cases of monkeypox. For future updated case numbers, visit [www.wacomclennanphd.org](http://www.wacomclennanphd.org). Case numbers will be updated on weekdays at 4:00 p.m.

To learn the latest information on monkeypox, please visit the following:

- [Waco-McLennan County Public Health District](#)
- [Texas Department of State Health Services](#)
- [Center for Disease Control](#)

### **Symptoms**

Signs and symptoms of this illness typically include a rash that can look like pimples or blisters on the face, inside the mouth, and on other body parts; fever; headache; muscle aches; backache; swollen lymph nodes; chills; or exhaustion.

Sometimes people may only experience the rash, which goes through different stages before healing completely. The illness typically lasts 2-4 weeks.

### **How it Spreads**

Monkeypox spreads in different ways, but it can spread from person to person through:

- direct contact with the infectious rash, scabs, or body fluids
- respiratory secretions during prolonged, face-to-face contact, or during close physical contact
- touching items (such as clothing or linens) that previously touched the infectious rash or body fluids
- pregnant people can spread the virus to their fetus through the placenta

*(more)*

## **Prevention recommendation from the CDC**

Take the following steps to prevent getting monkeypox:

- Avoid close, skin-to-skin contact with people who have a rash that looks like monkeypox
  - Do not touch the rash or scabs of a person with monkeypox
  - Do not have close physical contact with someone with monkeypox
  - Do not share eating utensils or cups with a person with monkeypox
- Do not handle or touch the bedding, towels, or clothing of a person with monkeypox
- Wash your hands often with soap and water or use an alcohol-based hand sanitizer

If you are sick with monkeypox, contact your health provider to determine testing and isolate at home. If you have an active rash or other symptoms, stay in a separate room or area away from people or pets you live with, when possible.

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