



- City of Bellmead
- City of Beverly Hills
- City of Bruceville-Eddy
- City of Crawford
- City of Gholson
- City of Golinda
- City of Hallsburg
- City of Hewitt
- City of Lacy-Lakeview
- City of Leroy
- City of Lorena
- City of Mart
- City of McGregor
- City of Moody
- City of Riesel
- City of Robinson
- City of Ross
- City of Waco
- City of West
- City of Woodway
- McLennan County

Mosquito-Borne Illness Update for McLennan County

West Nile Virus Claims One Life in McLennan County

(September 2, 2016) – Sadly, the Waco-McLennan County Public Health District recently confirmed the death of one individual associated with West Nile Virus. Details about the McLennan County male patient are not being released at this time for privacy. The Health District reports the following cases of mosquito-borne illness in the county, as of today September 2nd:

Condition	Case Count
Zika	0
West Nile (<i>1 death</i>)	5
Chikungunya (<i>Travel Associated</i>)	1
Malaria (<i>Travel Associated</i>)	1
As of 9-2-16	

The Health District urges residents to protect themselves from mosquitoes and the serious diseases they can carry. Although the weather is beginning to cool, there is still a risk for West Nile Virus. Mosquito season will continue for at least another two months. It is important to use insect repellent during outdoor activities, especially in the morning and evening.

Symptoms of West Nile Virus include fever, headache, and body aches and possible rash, vomiting or diarrhea. When severe, it can also cause confusion, disorientation or muscle weakness. Culex Mosquitoes are the carriers of the West Nile virus.

The best way to protect you and yourself from mosquitoes is to follow the 4 Ds of protection.

- **Defend** Use mosquito repellent regularly.
- **Drain** Drain any standing or stagnant water.
- **Day and Night** Different mosquitos bite at different times of the day. Always have insect repellent available.
- **Dress** Wear long sleeves and pants to protect your skin.

Other steps include:

- Check for clogged rain gutters and clean them out.
- Remove discarded tires, and other items that could collect water.
- Check for containers or trash in places that may be hard to see, such as under bushes or under your home.
- At least once or twice a week, empty water from flower pots, pet food and water dishes, birdbaths, swimming pool covers, buckets, barrels, and cans.
- The Culex mosquito is a weak flyer and typically travels less than 150 feet from where it emerges. Talk with your neighbors about removing breeding sites on their property too. Offer to help neighbors who may need it.

The Health District urges people to monitor their property for any standing water because mosquitoes need only a small amount of water to develop their eggs into adult mosquitoes. A female mosquito lays up to 200 eggs at one time. It only takes 7 -14 days for an egg to hatch and become another flying mosquito. Elimination of potential mosquito breeding habitats is a critical key for controlling WNV in McLennan County.

The Health District works with McLennan County and the cities within the county to eliminate mosquito breeding sites by monitoring municipal properties for stagnant water and other potential mosquito habitats. Larvicide, debris removal, and landscaping are all methods that can be used to eliminate breeding sites.

The Health District's model ordinance is available on the Health District website at www.wacomclennanphd.org

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