



Waco-McLennan County Public Health District

Kelly Craine, Community Relations Coordinator

225 W. Waco Drive, Waco, Texas 76707

Phone 254-750-5429

Fax: 254/750-5405

kellyc@ci.waco.tx.us

City of Bellmead

City of Beverly Hills

City of Bruceville-Eddy

City of Crawford

City of Gholson

City of Golinda

City of Hallsburg

City of Hewitt

City of Lacy-Lakeview

City of Leroy

City of Lorena

City of Mart

City of McGregor

City of Moody

City of Riesel

City of Robinson

City of Ross

City of Waco

City of West

City of Woodway

McLennan County

The Waco-McLennan County Public Health District is designated as a Texas Mother-Friendly Worksite

(March 21, 2016) – The Waco-McLennan County Public Health District today joined a growing number of Texas businesses by becoming designated as a Texas Mother-Friendly Worksite. Mother-Friendly employers proactively support employees who choose to breastfeed their infants by providing time, space, and other supports to maintain breastfeeding after returning to work. Employers that provide Mother-Friendly Worksites benefit from increased employee retention, lower absenteeism, higher morale, greater productivity, reduced health care costs, and improved short- and long-term health of the breastfeeding mother and her child.

Created by the Texas Legislature in 1995 and administered by the Texas Department of State Health Services (DSHS), the Texas Mother-Friendly Worksite Program recognizes employers with written policies reflecting their support for their breastfeeding employees. Such policies provide work schedule flexibility to allow milk expression breaks; offer a private space, other than a bathroom, where the employee can pump or breastfeed; and ensure easy access to a clean water source and hygienic milk storage arrangements.

To be designated as a Texas Mother-Friendly Worksite, an employer must submit an application and qualifying written employee breastfeeding support policy to DSHS. An online application and listing of Texas Mother-Friendly Worksites is available on the program's website, <http://texasmotherfriendly.org>

Texas Mother-Friendly Worksites represent a wide range of employment sectors, settings, and worksite sizes. A small sampling of employers with the Texas Mother-Friendly Worksite designation include: City of San Antonio; Whole Foods Market; Texas Mutual Insurance Company; GameStop, Inc; BazaarVoice; Tesoro; The Children's Courtyard; Freescale; Westwood High School; IBM, Corp; Texas Pit Stop BBQ; Texas Tech University; and Lockheed Martin Aeronautics Company. Also designated are numerous hospitals, state agencies, and health and human services employers.

For more information on the Texas Mother-Friendly Worksite Program, visit the program's website at <http://texasmotherfriendly.org> or contact the Department of State Health Services at 512-458-7111.

###