



Waco-McLennan County Public Health District

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Flu Vaccine available at the Waco-McLennan County Public Health District

(September 30, 2014) The Flu vaccine is now available from the Waco-McLennan County Health District. The cost is \$22.00. The clinic is located at 225 W. Waco Dr. For more information you can contact the Immunization Clinic at 254-750-5410.

The Health District accepts the following insurance & Medicaid Managed Care Plans:

- Blue Cross Blue Shield
- Superior Medicaid Managed Care Plan
- Right Care Medicaid Managed Care Plan
- Traditional Medicaid

Most health plans cover the preventative care vaccines.

Clinic Hours

Monday	8:30a - 4:30p
Tuesday	8:30a - 4:30p
Wednesday	8:30a - 7:30p
Thursday	8:30a - 4:30p
Friday	8:30a - 11:30a

Second Saturday of each month from 10:00a-12:00p

Influenza or the flu is a serious disease caused by a virus that spread from infected persons to the nose or throat of others. Symptoms can include fever, cough, sore throat, headache, chills and muscle aches. Most people are ill with the flu for only a few days, but some get much sicker and may need to be hospitalized. Influenza caused thousands of deaths each year, mostly among the elderly. Individuals who think they have the flu should contact their health care provider.

The best time to get a flu shot is in October or November, but because flu season usually peaks between January and March, vaccination in December or even later can be beneficial.

The flu vaccine has been approved for everyone including children 6 months of age and older and pregnant women.

People who are at high risk for getting the flu should be vaccinated in October. High-risk individuals include:

- Persons aged 65 years and older, with and without chronic health conditions
- Residents of long-term care facilities
- Persons aged 2–64 years with chronic health conditions
- Children aged 6–23 months
- Pregnant women*
- Health-care personnel who provide direct patient care
- Household contacts and out-of-home caregivers of children aged <6 months

* Although on the priority list, the Health District does not vaccinate pregnant women.

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City of Beverly Hills

City of Bruceville-Eddy

City of Crawford

City of Gholson

City of Golinda

City of Hallsburg

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City of Lorena

City of Mart

City of McGregor

City of Moody

City of Riesel

City of Robinson

City of Ross

City of Waco

City of West

City of Woodway

McLennan County