



- City of Bellmead
- City of Beverly Hills
- City of Bruceville-Eddy
- City of Crawford
- City of Gholson
- City of Golinda
- City of Hallsburg
- City of Hewitt
- City of Lacy-Lakeview
- City of Leroy
- City of Lorena
- City of Mart
- City of McGregor
- City of Moody
- City of Riesel
- City of Robinson
- City of Ross
- City of Waco
- City of West
- City of Woodway
- McLennan County

**Texas Healthy Communities Program recognizes
McLennan County for preventing and controlling heart disease, stroke and other
chronic diseases**

(July 19, 2016) The Texas Healthy Communities Program will recognized the Waco-McLennan County Public Health District with a Silver level award for its efforts to reduce cardiovascular disease (CVD), stroke, and other chronic diseases at the July 19th Waco City Council Meeting.

The Texas Healthy Communities Program assists communities to assess their existing environments, implement changes in local environmental and policy infrastructure and adopt priority public health practices to reduce risk factors for chronic diseases and honors cities that advance recognized best practices for preventing and controlling CVD, stroke and other chronic diseases.

The following communities were recognized at the Gold, Silver, Bronze, or Honorable Mention Level this year:

Gold Level: Harris County, City of Houston, Nueces County, Webb County

Silver Level: Angelina County, Lubbock County, **McLennan County**, Smith County, Tom Green County, Wichita County

Bronze Level: Hidalgo County, Lamar County, Parker County, Taylor County, Victoria County

Honorable Mention: City of Red Oak, City of Waxahachie, El Paso County, Jasper County, Nacogdoches County, Newton County, Waller County, Wood County

Communities are assessed on eight indicators to determine recognition as a Texas Healthy Community. Environmental indicators include offering physical activity areas, healthy eating options, mother-friendly worksites and an evidence-based health curriculum in schools. Policy indicators include a 100% smoke free city smoking ordinance; an EMS system which maintains a rapid response time for cardiac events and treatment of stroke as a medical emergency in the community, with appropriate acute stroke treatment protocols in place.

More information about the Texas Healthy Communities Program can be found on the Texas Department of State Health Services web site at <http://www.dshs.state.tx.us/heart/Texas-Healthy-Communities-Program.aspx>, or by contacting the Texas Healthy Communities Program, Cecily Brea, by phone at (512) 776 – 2050 or email at TXHC@dshs.state.tx.us.

Developed by the
Texas Healthy Communities Program at the
Texas Department of State Health Services
<http://www.dshs.state.tx.us/heart/Texas-Heart-Disease-and-Stroke-Program--Home.aspx>