September Neighborhood Association Meetings

Thursday, September 1
North East Riverside General Meeting, 6:30 p.m.
@ J.H. Hines Elementary (1030 E. Live Oak)
Questions, transportation, call 744-1389.

Thursday, September 8
Timbercrest General Meeting, 6:00 p.m.
@ George Dixon Jr. High
(Loop 340 and Orchard Ln.)

Monday, September 12
Sanger Heights General Meeting, 6 p.m.
@ Provident Heights Elementary
(2415 Bosque Blvd.)

Thursday, September 23
Alta Vista General Meeting, 6:30 p.m.
refreshments, 7 p.m. meeting
@ Alta Vista Elementary
(3637 Alta Vista Dr.)

Tuesday, September 28
Brook Oaks General Meeting, 6 p.m.
@ Dewey Center (925 N. 9th St.)

Carver General Meeting, 5:30 p.m.
@ Carver Academy Library
(1601 Flewellen Rd.)

Good Times Guide

Good news! The Fall/Winter issue of the Parks and Recreation Department's *Good Times Guide* is coming in September.

The free publication includes listings of upcoming events, programs and recreational activities, along with a park and attraction guide. The Good Times Guides will be available at city facilities and online at www.waco-texas.com.

Helpful Tip for Residents

Are you in the dark about what to do when a street light is out? The electric company maintains the lights (rather than the City).

To report street lights that are out, please visit OncorStreetLight.com. No Internet access? No problem! Just call 1-888-313-4747.

Calendar of Events
SEPTEMBER

5	Labor Day - City offices closed; no trash pick-up
6	City Council Meeting *
7	Building Standards Commission Mtg.
16-18	Waco Cultural Arts Fest
20	City Council Meeting *
27	Plan Commission Meeting *

* Replayed weekly on WCCC-TV Cable Channel 10 and available for viewing on the City Web site. A more complete calendar is available online at www.waco-texas.com

Labor Day at the Texas Ranger Museum

The Texas Ranger Hall of Fame & Museum Gift Shop is offering a Labor Day Special, with10% off all gift shop purchases. Read more below:

SEPTEMBER SPECIAL

Bring in your Waco water bill or City Limits Newsletter to enjoy **10% OFF** all Museum Gift Shop purchases in September.

Texas Ranger Hall of Fame and Museum Gift Shop
Open 9am-4:30pm daily
Located at 100 Texas Ranger Trail - corner of I-35 and University Parks Drive

Admission to the gift shop is free.
Sales from the nonprofit Texas Ranger Hall of Fame and Museum gift shop benefit the educational programs at the Museum.

For more information or for a preview of the Gift Shop's uniqe offerings, visit the museum's website at www.TexasRanger.org or call 750-8631.

Library Book Drive

The Friends of the Waco-McLennan County Library are collecting books for the 49th Booksale at the Extraco Events Center, Nov. 3 through 6. Donations are accepted at all locations. Receipts are available upon request. Please contact Kim Salome Klimt at 750-5974 or www.wacolibrary.org for more information on upcoming bookdrives for the fundraiser.

The Central Library location is closed for renovations for the next two years. A temporary location at 1603 Washington Ave. is expected to open at the end of August. Check the website at www.wacolibrary.org for updates on the renovations and relocation opening.

Health Awareness
Obesity Awareness Month Tips from the Health Dept.

Grease Recycling
Keep Cooking Oils From Causing Sewage Backup by Recycling

Fall Library Programs
Baby Time, Toddler Time and Storytime Will Delight Youngsters

WACO
City Limits
SEPTEMBER 2011

For more news and information, visit the City of Waco website at www.waco-texas.com.

8th Annual Waco Cultural Arts Fest

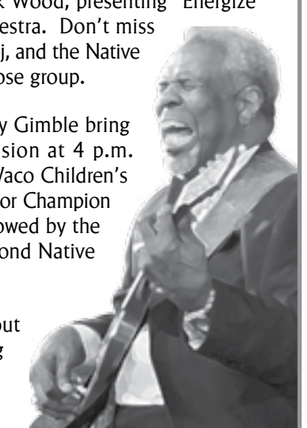
Get ready to celebrate, Waco! The 8th Annual Waco Cultural Arts Fest is coming to Indian Spring Park from Friday, Sept. 16 through Sunday, Sept. 18. Join the FREE celebration of the arts and enjoy live music, dance, poetry, food and free art activities for the entire family. Shop for original paintings, drawings, wood sculpture, jewelry, ceramics and photography.

The fun begins Friday at 7 p.m. with Open Mic, featuring Waco's talented young musicians, followed by an on stage Swing Dance.

Saturday's musical headliner is Del Castillo, an Austin band famous for its intoxicating combinations of flamenco, Latin rock and blues music. Also featured is local favorite and Louisiana blues legend Classie Ballou, who is famous for his toe-tapping mix of zydeco, blues, R&B, rock, mambo and more. Enjoy string and orchestral performances by local talent and rock violinist Mark Wood, presenting "Energize Your Strings" with the Waco Symphony Youth Orchestra. Don't miss the captivating Renaissance performances by Stonehenj, and the Native American music and storytelling of the Mahenwahdose group.

On Sunday, Warren Hood and the Hoods with Emily Gimble bring a blend of jazz, blues and "newgrass" acoustic fusion at 4 p.m. Bring the children to a special performance by the Waco Children's Theater and Waco Civic Theater at noon. Expert Junior Champion fiddler Mia Orosco will wow audiences at 1p.m., followed by the beautiful Celtic music of the Horton Duo, and a second Native American formance by Mahenwahdose.

Visit www.wacoartsfest.org for more information about this year's artists, art activities and award-winning musicians and performers. Check often for updates.



Performances

Concert Stage Friday, September 16

7 to 10 p.m.	Open Mic
10 p.m.	Swing Dance on stage

Concert Stage Saturday, September 17

11 a.m.	Central Texas String Academy
Noon	Waco Symphony Youth Orchestra
1 p.m.	Mark Wood "Energize Your Strings" with WISD High and Middle Schools
2 to 4 p.m.	Dance-a-Thon
4 p.m.	Ambassadors Steel Drum Band: A.J. Moore High School
5 p.m.	Stonehenj – Renaissance Group
6 p.m.	Mahenwahdose – Native American Music and Storytelling
7 p.m.	Classie Ballew – Zydeco and more
8:30 p.m.	Del Castillo – High Energy Latin Fusion

Concert Stage Sunday, September 18

Noon	Waco Children's Theater and Waco Civic Theater
1p.m.	Mia Orosco – Junior Champion Fiddler
2 p.m.	Horton Duo Celtic Performers
3 p.m.	Mahenwahdose Performance
4 p.m.	Warren Hood and the Hoods with Emily Gimble

Community Event on Meaningful Involvement

After such a successful Community Event on Child Success in June, the Greater Waco Community Education Alliance is pleased to invite the whole community to join them on October 3 for the second free Community Event, focusing on community involvement in two convenient sessions.

The Community Event on Meaningful Involvement will feature Ako Kambon, president of the Visionary Leaders Institute. Kambon will give a presentation entitled "We're in this Together," and there will be opportunities for attendees to pick up resources and win door prizes. Come together with other local families for an evening of discovery and community.

For updates on session times, locations and activities, visit the Greater Waco Community Education Alliance site at www.educatewaco.com or follow them on Twitter at EducateWaco.

"We're all in this together."

Fiesta Patrias

La Ley 104.1 FM and the City of Waco Parks and Recreation Department invite the community to join the fun at "Fiesta Patrias."

The free event begins at 3 p.m. on Sunday, September 18 at Brazos Park East, at 2000 MLK, Jr. Blvd.

The fiesta will feature live music with a Tejano flair, entertainment, food vendors, activities for children and more. For more information call 772-6104.

In memory of Mexico's struggle for independence from Spanish rule, the week of September 16 marks the Fiestas Patrias (patriotic festivals) with music, dancing, and traditional foods. The fiestas provide an opportunity to experience the rich heritage and cultural traditions of Mexico.

Wild West Century Bike Ride

Skittles and the City of Waco Parks & Recreation Department will present the 27th Annual Wild West Century Bike Ride on Saturday, Sept. 17 at Indian Spring Park. The ride will benefit the "Be the Match" Foundation for bone marrow research and will feature a 10-mile, 26-mile, 50-mile, 65-mile and 100-mile bike ride for all ages. The scenic ride will take bikers along the banks of the Brazos, through Cameron Park, along the Waco Dam and through downtown Waco.

10 Mile Tour: a family friendly tour that goes through beautiful Cameron Park and downtown Waco. There are several rest stops to make it a fun ride for all.

25 Mile Tour: also a fun tour for families and recreational riders. The route is quite flat and passes by the Lake Waco Dam and the peaceful surrounding countryside.

50 & 65 Mile Tours: relatively flat tours; a few challenging hills.

100 Mile Tour: takes riders through picturesque countryside on rural county roads. The tour goes through historic Mother Neff State Park, the oldest state park in Texas. Although relatively flat, there are some challenging hills!

Registration is underway (costs vary based on distance). For more information visit www.wacowildwest.com.

Grand Reopening of Brazos Park East

The Parks and Recreation Department is proud to announce the grand reopening of Brazos Park East. Formally known as Cameron Park East, this riverfront park features more than 30 acres of greenspace along the Brazos River. The park has received more than $2 million of improvements that include a new trail system, boat ramp, restrooms, lighting, parking lots, pavilions and more. The improvements were funded from the 2007 bond election. The park features a nationally recognized 18-hole championship disc golf course, along with the Jimmy Bryant Horseshoe Complex.

The redesign created a multi-use park that is suited for large events. The park will officially open September 2 through 4 for the Southern Drag Boat Association's annual Waco races. The park will also host La Ley 104.1 FM's Fiesta Patrias celebration on September 18. The park will be open for daily use in September. For more information, visit www.waco-texas.com or call the City's Parks and Recreation Department at 254-750-5980.

Texas Obesity Awareness Week

The Waco-McLennan Co. Public Health District reminds us that Sept. 12-16 is Texas Obesity Awareness Week. Rates of obesity in and around McLennan Co. are high for adults and children. Health officials encourage you to be responsible for your health and the welfare of your children by making changes toward a healthy lifestyle. Try modifying eating habits. Control the portion of food provided on a plate. Make sure the dish is colorful. For instance, at dinner, add lots of fresh vegetables to cover half of the plate. Hold the salt and butter! On the other half, add a lean protein like fish, or lean cut meat and a grain. Try to make your grains whole by eating brown rice or whole grain pasta. Little changes make a big difference, so change a little at a time adding more fruit and vegetables to your meals.

Physical activity is a key element in weight loss or management. Get active! Make a goal to move at least thirty minutes most days of the week. Once you've reached this goal, try adding 5 minutes to your workout each week until you reach 60 minutes of exercise on most days of the week. Children should be active 60 minutes per day to maintain good health. Keep children active. Limit salt, sugar and empty calories in soda, chips and candy. Encourage them to drink water and eat a variety of fruits and veggies daily. Do your best to keep your family healthy *every* day!

McLennan County, let's do our part to combat overweight and obesity in our community, one healthy day at a time.

Fall Preschool Programs at the Library

Storytime, for ages 3 to 6 years of age, will resume in September at 10:30 a.m. at several Waco-McLennan County Libraries. The free activity time that introduces pre-reading skills and the library to young children will take place:

- Tuesdays - at East Waco Library, 901 Elm, beginning Sept. 13
- Wednesdays - at West Waco Library, 5301 Bosque Blvd., beginning Sept. 14
- Thursdays - at South Waco Library, 2737 S. 18th, beginning Sept. 15
- Fridays - at West Waco Library, 5301 Bosque Blvd., beginning Sept. 16

Toddler Time, geared for the interests and attention span of ages 2 years and under, will be held at the South Waco Library, 2737 S. 18th, at 9:45 and 10:30 a.m. on Wednesdays. Toddler Time starts September 14. There is plenty of activity, music, and interaction in this free, weekly session.

Baby Time, a free six-week class for ages 12 months and under, will be held at the West Waco Library, 5301 Bosque Blvd., on Tuesdays at 10:30, starting October 11. Call 750-5956 to preregister.

For more program information, please visit wacolibrary.org or call 750-5942.

REMINDER:

The Solid Waste Offices, Cobbs Recycling Center and the Landfill will be closed Monday, Sept. 5 for Labor Day. Monday's trash will be collected on Wednesday, Sept. 7.

Keep it Clean! Recycle Grease & Oil

Water Utility Services offers citizens a way to dispose of used cooking oil, keeping fats, oils and grease from clogging sewer lines in homes and keeping them out of our city's sanitary sewer system. The City is asking citizens not to dump it down the drain, and now we're giving you a way to get rid of it, for free! Here's how it works:

- Collect your used cooking oil in a sealed container at home
- When your container is full or you would just like to get rid of the grease, take your container to one of our 5 Used Cooking Oil Recycling Drop-off Stations
- Pour your used cooking oil into the drop-off station container

There is no cost and there are 5 stations located around the city for your convenience. Some of them are even available to you 24 hrs/day. See the list below for locations and times:

Riverside Water Treatment Plant, 24 hrs.
200 Colcord Ave. 750-8040

Mt. Carmel Water Treatment Plant, 24 hrs.
5701 Lakeshore Drive 750-1654

City of Waco Street Services, 24 hrs.
7801 Monkey Run 750-8690

Cobbs Convenience Center
44th Street, between Cobbs and Trice
Tuesday – Saturday, 8:00 a.m. to 5:00 p.m.
751-8536

WMARSS Treatment Plant
1147 Treatment Plant Road
Monday – Friday, 8:00 a.m. to 5:00 p.m.
662-1501