

## **WCCC-TV Schedule for Week of November 1, 2009**

### **Know Your City “NASA Astronaut Story Musgrave, pt. 1”**

Sunday 4:00pm  
Monday 9:30am, 8:00pm  
Wednesday 8:30pm  
Saturday 7:00pm

NASA Astronaut Story Musgrave shares his extraordinary experiences and his life's philosophy in his stunning slide show entitled the Beauty of Nature – the Art of Technology.

### **Waco, Gateway to Texas History “The Katy Railroad Wardens Shop”**

Sunday 7:30am, 4:30pm  
Monday 7:30pm  
Tuesday 9:30pm  
Wednesday 9:30am  
Saturday 10:30am, 4:30pm, 7:30pm

Tommy Evans, Jr. worked at the Katy Railroad Wardens Shop in Bellmead for forty-five years. Watch as he shows the rebuilding of a steam engine through photographs collected by his father.

### **Waco Industry on Parade “M. Lipsitz, Inc.”**

Sunday 2:30pm  
Monday 8:30pm  
Tuesday 7:00pm  
Wednesday 10:30am  
Thursday 9:30am, 9:30pm  
Saturday 8:30pm

Find out how M. Lipsitz, Inc. recycles everything from aluminum cans to automobiles.

### **For Your Health & Safety “Watch What Your Heat: Prevent Home Fires”**

Sunday 8:00am, 2:00pm  
Monday 10:30am  
Tuesday 9:30am  
Thursday 8:30pm

Cooking is the leading cause of home fires and injuries. Cooking equipment is involved in more than 100,000 reported home fires each year, and most of those involve the kitchen stove top. Use these simple tips to help prevent you from becoming the next statistic.

### **Museums of Waco “TRHOF – Women & the Rangers”**

Sunday 3:00pm  
Monday 10:30am, 7:30pm  
Thursday 10:00am  
Friday 9:30am  
Saturday 3:00pm

Women have always played a role in the Texas Rangers. Find out how they helped the Rangers from these stories featured at the Texas Ranger Hall of Fame & Museum.

### **Waco Remembers “Leon Amis – The 1953 Waco Tornado”**

Sunday 3:30pm, 9:30pm  
Tuesday 8:30pm  
Thursday 7:30pm  
Saturday 3:30pm, 9:30pm

Leon Amis was in a pool hall located behind the R.T. Dennis building the afternoon of the tornado. Hear his story of how he managed to get out alive, while one of his friends didn't.

### **Around Waco “Shoe Making: the Lost Craft”**

Sunday 11:30am, 9:00pm  
Tuesday 10:00am

Wednesday 1:00pm  
Thursday 11:00am, 4:00pm  
Saturday 12:00pm, 8:00pm

“Around Waco” features some of the unique and interesting people and places around Waco.

### **Step into the Wild at the Cameron Park Zoo**

Sunday 12:00pm, 8:30pm  
Monday 4:00pm  
Wednesday 8:00pm  
Saturday 11:00am, 5:30pm

Discover interesting facts and features of the animals, the exhibits and the people that make Cameron Park Zoo a world-class facility.

### **City Talk Radio Program “Fire Safety Tips”**

Sunday 8:00am, 11:00am, 8:00pm  
Monday 1:30pm  
Tuesday 4:00pm, 9:00pm  
Wednesday 11:00am  
Thursday 10:30am, 1:00pm, 7:00pm  
Saturday 10:00am

The City of Waco produces this radio program that airs each week on 94.5 Info FM, KRZI 1660 ESPN Radio and KLRK Star 92.9 FM. The recording session is videotaped and replayed on WCCC-TV to provide the opportunity to hear of the great things happening in Waco as well as some of the challenges we face.

### **Waco Health Wise**

Tuesday 8:00pm  
Friday 1:00pm

### **COUNCIL TALK**

Monday 7:00pm  
Wednesday 10:00am  
Thursday 2:00pm  
Saturday 4:00pm

### **Chamber Connect – Greater Waco Chamber of Commerce**

Monday 10:00am  
Wednesday 2:00pm  
Thursday 8:00pm

### **City Beat News Report**

Sunday 6:30am, 12:30pm, 10:30pm  
Monday 6:30am, 9:00am, 12:30pm, 6:30pm, 10:30pm  
Tuesday 6:30am, 9:00am, 12:30pm, 6:30pm, 10:30pm  
Wednesday 6:30am, 9:00am, 12:30pm, 6:30pm, 10:30pm  
Thursday 6:30am, 9:00am, 12:30pm, 6:30pm, 10:30pm  
Friday 6:30am, 9:00am, 12:30pm, 6:30pm, 10:30pm  
Saturday 6:30am, 12:30pm

### **Children’s Storytime**

Sunday 8:30am  
Monday 7:00am, 6:00pm  
Tuesday 7:00am, 6:00pm  
Wednesday 7:00am, 6:00pm  
Thursday 7:00am, 6:00pm  
Friday 7:00am, 6:00pm

### **City Council – 10/20 Work Sessions**

Sunday 9:00am, 6:00pm

**City Council – 11/03 Work Sessions**

Wednesday 3:00pm

Friday 7:00pm

Saturday 1:00pm

**City Council – 10/20 Business Sessions**

Sunday 1:00pm

**City Council – 11/03 Business Sessions**

Wednesday 7:00pm

Friday 9:00pm

Saturday 9:00am, 6:00pm

**Plan Commission – 11/24 Meeting**

Wednesday 9:00pm

Friday 10:00am

**Brazos Nights 2009: Ray Wylie Hubbard**

Sunday 5:30pm

Monday 10:00pm

Friday 2:30pm

Saturday 9:00pm

**Saturday Night Music Videos**

Saturday 10:00pm

**WCCC-10...Back Then**

Tuesday 8:30am

Friday 3:00pm

Saturday 5:00pm

**Texas Parks & Wildlife**

Sunday 7:00am, 5:00pm

Monday 1:00pm, 9:00pm

Tuesday 11:00am

Friday 4:00pm

Saturday 11:30am

Visit unique and beautiful places around Texas in this Emmy Award winning program. This week features Bald Eagles, an American icon that thrives in Texas; Kickapoo Cavern State Park; shooting protection for eyes & ears; hunting dogs; and Palo Duro Canyon.

**The American Veteran**

Monday 2:30pm

Thursday 9:00pm

Friday 8:30am

This program is designed to inform active duty members, veterans, their families and their communities about the services and benefits they have earned and to recognize and honor them. It also tells of heroism, sacrifice and relives moments in history with those who lived it reminding veterans of the bond of service they all share.

**My Health. My Medicare.**

Monday 9:30pm

Tuesday 2:30pm

Thursday 8:30am

Over 44 million Americans, more than one in five adults, provide unpaid care to a loved one valued at a staggering \$306 billion each year! Find out more about programs that offer financial support, counseling,

medical care and respite care for family caregivers. Watch My Health. My Medicare. and learn about resources that can help you care for elderly or disabled family and friends.

### **Sit and Be Fit**

Monday 7:30am, 11:00am

Tuesday 7:30am

Wednesday 7:30am, 1:00pm

Thursday 7:30am

Friday 7:30am, 11:00am

Sit and Be Fit is geared towards improving the quality of life for aging adults, physically limited individuals, and those managing chronic conditions. Through medically-based, safe, and effective exercises, Sit and Be Fit actively promotes functional fitness, healing, and independence.

### **NASA's Destination Tomorrow**

Wednesday 3:00pm

Saturday 8:00am

NASA's Destination Tomorrow™ focuses on NASA research, including new technologies, advanced aerodynamics, past achievements and medical breakthroughs. Each program gives an inside look at NASA and demonstrates how research and technology relates to our everyday lives.

### **NASA SCI-Files**

Monday 3:00pm

Saturday 7:00am

The NASA SCIENCE Files™ emphasizes standards-based instruction, problem-based learning, and science as inquiry. The series motivates students to become critical thinkers and active problem solvers.

### **NASA Connect**

Thursday 3:00pm

Saturday 8:30am

NASA CONNECT™ establishes a "connection" between the mathematics, science, and technology concepts taught in the classroom and the mathematics, science, and technology used everyday by NASA researchers.

### **Images of Waco**

Sunday - Saturday 11:00pm - 6:30am

See photographs from a variety of City events while enjoying the relaxing music.

WCCC-TV's programming is available online at [www.waco-texas.com](http://www.waco-texas.com). Click on the "WCCC-TV Online" icon to see the programs available. WCCC-TV in HD is available on Grande Communications channel 410.